



Tashira Wadiya and Shoshana
 in an exhilarating 3 hour Workshop and a
 3 hour Afternoon show featuring live music by
 Gamal Shafik and his Middle East Ensemble
 With performances by Tashira Wadiya, Shoshana
 and you, the workshop attendees, as well as
 floor time for everyone to get up and dance!



Sunday, July 11, 2010

Let's Dance – A Dance Hall

100 Hibernia Avenue, Rockaway NJ

Located only 3 block off the Rockaway exit #37 of Route 80.
 (Set GPS for 12 Oak Street)

Vendors galore!

10:30 – Registration

10:50 – Warm Up Movements Tashira 11:00 – 12:30 Tashira

11:00 – 12:30 Tasjora

KHALEEJI (ALSO KNOW AS THE "HAIR DANCE") ~ Experience this ultra feminine folkloric dance from Saudi Arabia and the Persian Gulf states. Participants will learn traditional foot patterns, delicate hand gestures, saucy chest and hip movements and of course the freedom of the distinctive hair tossing movements to the hypnotic Khaleeji rhythm. Dancers should wear a thobe (robe) if possible. A veil can be used to improvise if you don't have one.

LEARN TO REALLY PLAY YOUR FINGER CYMBALS! ~ The second portion will be dedicated to learning to using your zills with traveling patterns to a variety of Arabic rhythms including: Beledi Masmoudi, Saidi, Moroccan 6/8 and for fast 4/4 intro pieces. Learn more than just just tek-a-tek. Your zills can be so much more!

12:30 – Lunch break

1:00 – 2:30 - Shoshana

Focus on the first and last thing the audience sees:

"POWER HOUSE ENTRANCE" ~ We will work on structuring simple floor patterns and veils to allow us to be more spontaneous and create a fabulous, powerful ending poise.

"ROCK 'EM DRUM SOLO" ~ The drum solo will be focused on accents using more then just our hips. Being predictable is a problem with drum solos. So we will work on surprises.

3:00 - 6:00 Dance Show and open floor dancing

Only those pre-registered for the workshop will be able to perform... so RESERVE YOUR DANCE SPOT NOW! There's nothing like performing to a live Middle East band.

Workshop only: \$70 pre-registration, \$80 at the door

Show Tickets only: \$25 pre-paid, \$35 at the door

Show & Workshop: \$90 pre-registration, \$100 at the door

No show charge for performers who pre-registered for the workshop

All checks must be received by July 1.

Cash only at the door. No Refunds.

Make checks payable to and mail to:

Barbara Hammer, 30 Jade Lane, Denville NJ 07834

For more information Email: SakaraAmyra@gmail.com

TASHIRA WADIYA has been a teacher, performer, choreographer and student of Middle Eastern dance for over 25 years. She studied her craft for years under acknowledged Masters Ibrahim Farrah, Tambil, Elena Lentini, Nadia Gamal, Serena, and Dahlena . Both as a solo artist and as part of folkloric dance troupes, Tashira has graced stages in most major international cities around the world including Cairo, London, Athens, Berlin, Tokyo and Lima. She had performed on such prestigious venues as The John F. Kennedy Center in Washington DC, the Denver Center for the Performing Arts, Town Hall and the UN in New York City. Along with Shoshana, she was one of lead performers at the famous IBIS Night Club for 10 years. She loves sharing her passion and knowledge of this wonderful art form by teaching.

SHOSHANA has been dancing and teaching the breath taking art of belly dance for 30 years. She started with the great Serena Wilson, and studied with many other masters of the dance. She was trained in classical ballet from the age of 5. Shoshana has had an amazing career dancing abroad and in the U.S. Known for her incredible hip work and unique style, Shoshana imparts all her knowledge to her students. Shoshana is also a massage therapist which gives her a deep understanding of the anatomy and is an asset to her students. Shoshana is thrilled to be sharing this day with her mentor, Tashira!!!!